



Love God



The Salvation Army
NZ, Fiji, Tonga & Samoa
Women's Ministries

Read the day's scriptures
from the Lectionary.

Write down words about
God and thank God.

Sing a worship song.



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Love Others



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Listen to Holy Spirit speak
names for prayer.

Write down words about
them and thank God.

Reach out to them.



Love Others



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Love Yourself



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Re-read one of the
Lectionary scriptures.

Write down what Jesus is
saying to you in them.

Forgive, go in peace.



Love Yourself



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Love God



Love Others



Love Yourself



Try it with us.



Try it with us.



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Need prayer?

Want to share?

Connect with us online

@SalvationArmy.WM

We are for you.



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New Zealand, Fiji, Tonga and Samoa Territory