



ADORATION

Come, let us bow
down in worship, let
us kneel before the
LORD our Maker.

Psalm 95:6

mateoha

We are to join all the angels, trees, rocks, rivers, mountains and earth in celebrating who God is. There is a temptation to make the adoration all about us and the way we feel – but true adoration is lifting up God for who HE is and WHAT He is and HOW He is.

Spend time every day celebrating, lifting up, clapping your hands, laughing or smiling to yourself in the supermarket about how AMAZING God is. Train yourself in the freedom of adoration of God.

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CONFESSION

whākinga hara

For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord. Romans 6:23

“Sin wouldn’t be so attractive if the wages were paid immediately.” Rest assured, there will be no flinching, hiding or escaping from the things we have done – even those of us under the Blood will be called to account for “every word spoken” and “every deed done in secret”.

Let us come to God speedily, speaking out the things that He wills us to that don’t sit right with Him. And let us turn speedily away from them, asking forgiveness of our Saviour to restore our unity.

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THANKS GIVING *whakamōemiti*

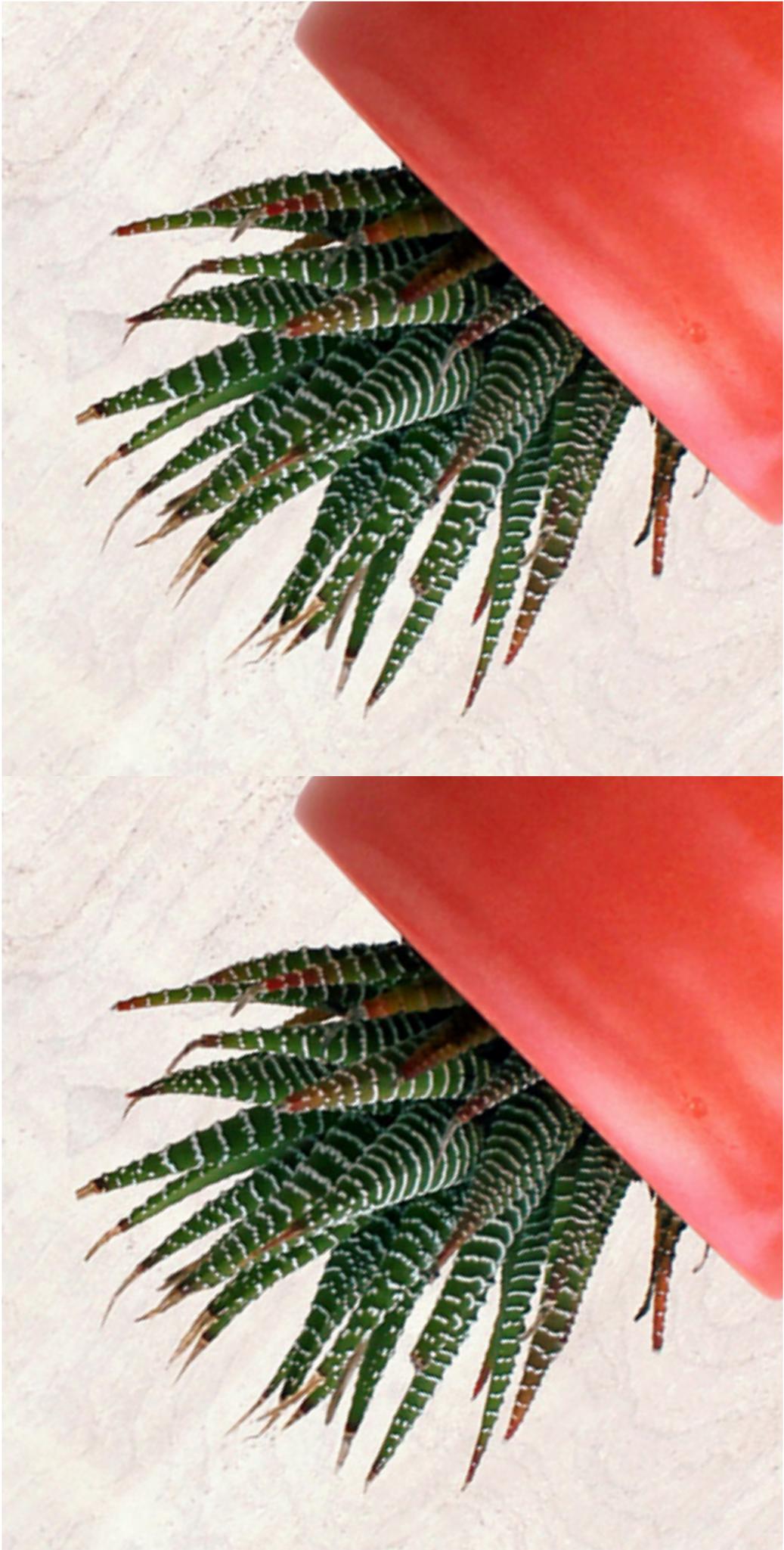
I will remember the LORD's works; yes, I will remember Your ancient wonders. Psalm 77:11

God is fresh and new and wonderful. He is old and wise and ancient. He is above our comprehension and in our very being. Thanksgiving is when we call to mind all the things God has done for us – all the ways He has saved, delivered, carried and borne us. He is a good God and worthy of ALL praise for what He alone has done.

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SUPPLICATION

Supplication is described as “the action of asking or begging for something earnestly or humbly”.

pākiki

This is the attitude we choose to position ourselves in now as we pray – one of humility and earnestness. Do you think sometimes it is tempting to skip all other components of prayer and play supplication on repeat?

Having adored, confessed and thanked, we know our hearts are evermore aligned with His so let us humbly approach the throne in earnest supplication for ourselves and those God entrusts us to. As we ask, we can be confident He hears and will act. 1 John 5:14

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